

Torleif Ruud, psychiatrist/ head of pioneering community mental health centre Norway.

As psychiatrist and head of a pioneering community mental health centre in rural Norway Torleif Ruud worked for many years developing comprehensive collaborative local services. He has been involved in many ways in development and evaluation of community mental health services in Norway, and was chair of the Third European Congress for Assertive Outreach in Oslo 2017.

He is now Senior Researcher at Akershus University Hospital and Professor Emeritus at the University of Oslo. His research areas have been community psychiatry, quality and outcome of services, implementation of evidence based practices, group psychotherapy, user experiences, acute treatment, crisis resolution teams, integrated care and assertive outreach to people with severe mental illness. He has become involved in EUCOMS through his engagement in developing and delivering community mental health services and doing mental health services research, and wants to see further development of evidence-based and recovery-oriented community mental health services in Europe.

